

THRIVE



NATIONAL BLEEDING DISORDERS FOUNDATION

6 Steps to Living Healthy with a Bleeding Disorder

THRIVE COLORING ACTIVITY BOOK



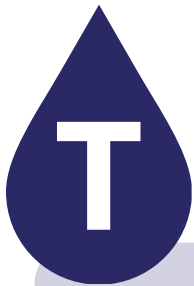
THRIVE



NATIONAL BLEEDING DISORDERS FOUNDATION

6 Steps to Living Healthy with a Bleeding Disorder

Let's get creative! Add your favorite colors.



H

R

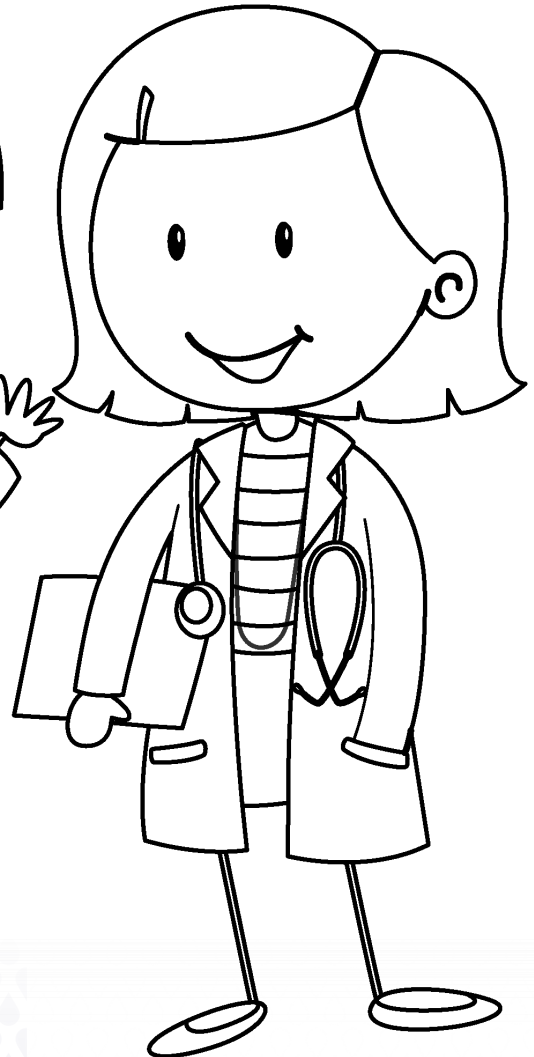
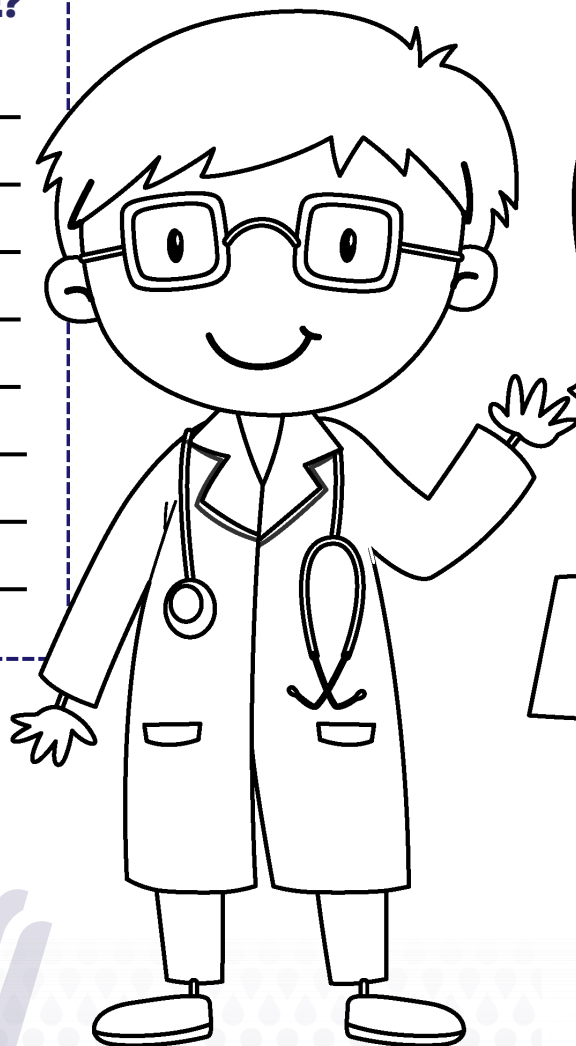
I

V

E

Take advantage of regular care from health care providers focusing on bleeding disorders.

How Do You **THRIVE**?



THRIVE



NATIONAL BLEEDING DISORDERS FOUNDATION

6 Steps to Living Healthy with a Bleeding Disorder

Let's get creative! Add your favorite colors.

T



R

I

V

E

Have a conversation with your health care provider about yearly inhibitor testing.

How Do You **THRIVE**?



THRIVE



NATIONAL BLEEDING DISORDERS FOUNDATION

6 Steps to Living Healthy with a Bleeding Disorder

Let's get creative! Add your favorite colors

T

H



I

V

E

Review the latest treatment options for you.

How Do You **THRIVE?**



THRIVE



NATIONAL BLEEDING DISORDERS FOUNDATION

6 Steps to Living Healthy with a Bleeding Disorder

Let's get creative! Add your favorite colors.

T

H

R



V

E

Identify, treat, and fully heal bleeds.

How Do You THRIVE?



THRIVE



NATIONAL BLEEDING DISORDERS FOUNDATION

6 Steps to Living Healthy with a Bleeding Disorder

Let's get creative! Add your favorite colors.

T

H

R

I



E

Value and make time for your emotional, and mental health.

*How Do You **THRIVE**?*



THRIVE



NATIONAL BLEEDING DISORDERS FOUNDATION

6 Steps to Living Healthy with a Bleeding Disorder

Let's get creative! Add your favorite colors.

T

H

R

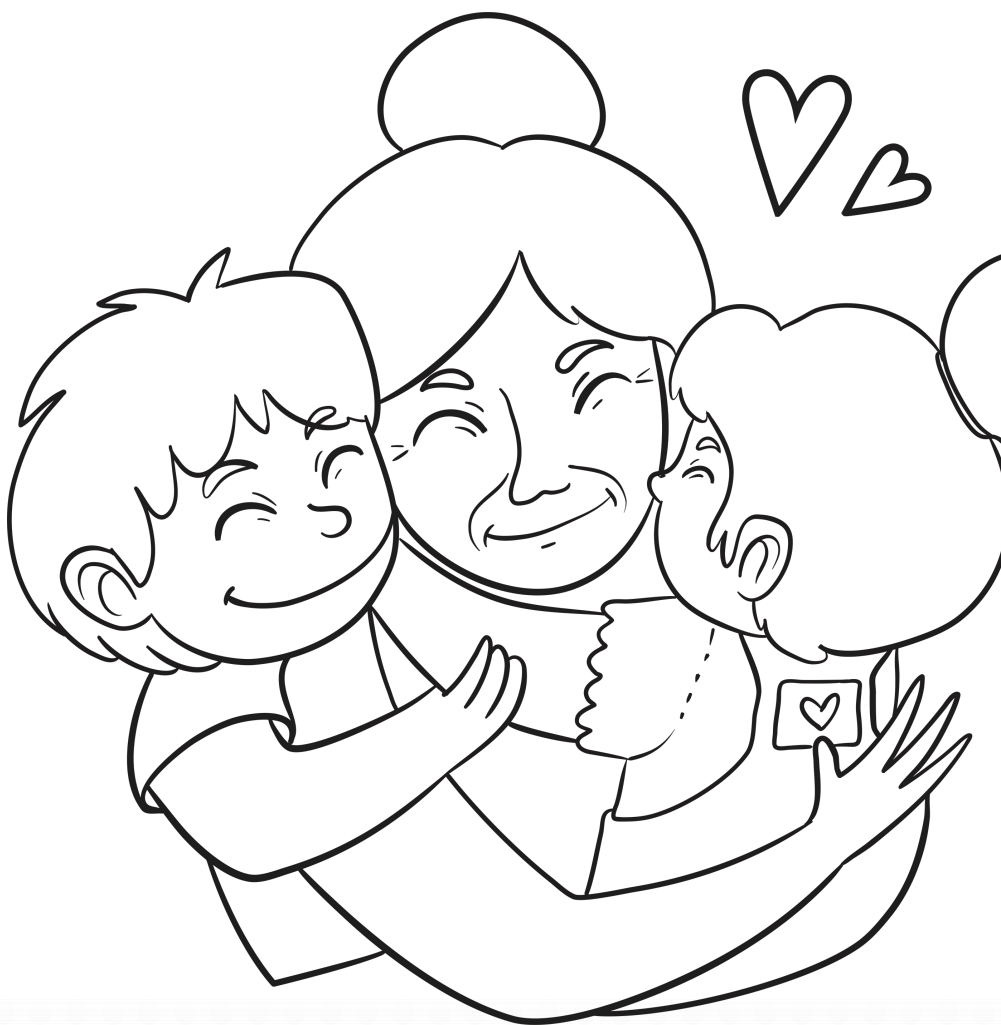
I

V

E

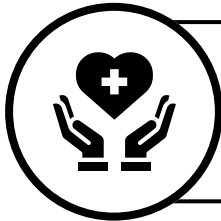
Embrace your bleeding disorders community and get involved!

How Do You **THRIVE**?



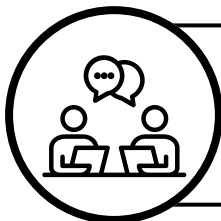


Let's get creative! Add your favorite colors.



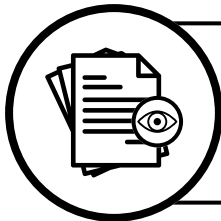
T

Take advantage of regular care from health care providers focusing on bleeding disorders.



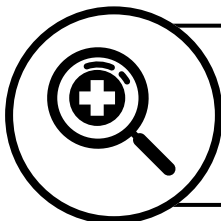
H

Have a conversation with your health care provider about yearly inhibitor testing.



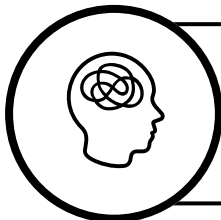
R

Review the latest treatment options for you.



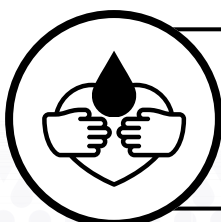
I

Identify, treat, and fully heal bleeds.



V

Value and make time for your emotional and mental health.



E

Embrace your bleeding disorders community and get involved!

THRIVE



NATIONAL **BLEEDING DISORDERS** FOUNDATION

6 Steps to Living Healthy with a Bleeding Disorder

The **T.H.R.I.V.E.** campaign was created by the National Bleeding Disorders Foundation, through support from the Centers for Disease Control and Prevention.

This project is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$500,000 with 100 percent funded by CDC/HHS. The contents are solely those of the author(s) and do not necessarily represent the official views, nor an endorsement, by CDC/HHS or the U.S. Government.

Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.

www.bleeding.org/educational-programs/outreach/thrive